

Fiducial marker migration following computed tomography-guided placement in the liver: a case report

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Abstract: Radiation therapy for liver tumors has been shown to provide a local control and overall survival benefit in patients with primary or oligometastatic liver tumors. However, accurate delineation of the target volume in intraabdominal tumors can be limited by diaphragmatic motion. In addition to image guidance during radiation therapy, computed tomography (CT)-guided fiducial marker placement can improve the accuracy of radiation treatment and optimize tumor control. Fiducial marker placement is often indicated in stereotactic body radiation therapy (SBRT) due to the ablative doses used as well as in proton therapy given that these markers are clearly visible on orthogonal kV image guidance and studies have suggested that their placement in liver tumors offers improved local control. However, fiducial marker migration is a rare risk associated with fiducial placement for which literature remains scarce. We report two separate cases of fiducial marker migrations from the liver into the inferior vena cava and right atrium which occurred following CT-guided placement without any resultant toxicity. Imaging using contrast-enhanced or volume navigation ultrasound techniques during fiducial marker deployment may mitigate the risk of fiducial marker migration and potential end-organ injury. Alternative techniques for motion management such as inspiratory or expiratory breath hold or use of residual lipiodol on imaging in patients who have undergone transarterial chemoembolization (TACE) should be considered as well to avoid potential complications from fiducial marker placement.

Keywords: Fiducial markers; stereotactic body radiation therapy (SBRT); hepatocellular carcinoma (HCC); liver oligometastases

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Introduction

Primary or oligometastatic liver tumors can be treated with radiation therapy with acceptable safety and a durable local control and survival benefit (1,2). However, diaphragmatic motion can create uncertainty in appropriately delineating the target. Such uncertainty may be mitigated by the insertion of a fiducial marker prior to radiotherapy in order to track respiratory motion and allow for more accurate dose delivery (3). Although fiducial markers improve the accuracy of liver-directed radiotherapy, placement of these markers may result in complications such as pain, postprocedural bleeding, pneumothorax, and less commonly migration (4). Fiducial marker migration is a relatively rare complication with scarce literature available regarding the location of such migrations and consequences. In prior series, reported rates of fiducial marker migration have ranged from 0.7% to 2.7% (5,6). At our institution, we placed fiducials in thirteen patients with hepatic neoplasms over the past year. We report the cases of two of these patients who experienced fiducial marker migration into the inferior vena cava (IVC) and right atrium after undergoing

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computed tomography (CT)-guided fiducial marker placement. We present the following cases in accordance with the CARE reporting checklist (available at http:// dx.doi.org/10.21037/acr-20-153).

Case presentations

All procedures performed in studies involving human participants were in accordance with the ethical standards of the institutional and/or national research committee(s) and with the Helsinki Declaration (as revised in 2013). Written informed consent was obtained from the patients or their healthcare proxies.

Patient 1

A 79-year-old male with a 40-pack-year smoking history and asbestos exposure presented with right upper quadrant pain. He underwent a CT scan which demonstrated a large poorly defined hypervascular liver mass spanning the central aspect of the liver involving both the right and left lobes which measured 14 cm \times 10 cm in cross-section extending to the capsular surface anteriorly. It also showed a tubular low-density structure in the left lateral segment of the liver which was thought to be a thrombosed branch of the portal vein or an occluded duct. He underwent a biopsy of the lesion which confirmed hepatocellular carcinoma (HCC) as well as a magnetic resonance imaging (MRI) scan which revealed a centrally located liver lesion measuring 14.2 cm.

After extensive multidisciplinary discussion, the patient was not deemed to be eligible for surgery or transplant due to portal vein involvement. Though radiofrequency ablation (RFA), transarterial chemoembolization (TACE), and stereotactic body radiation therapy (SBRT) are all potential options to achieve local control and to increase diseasefree survival, these also were not deemed to be ideal options for the patient given the degree of portal vein involvement by tumor. The tumor board recommendation was external beam radiation therapy (EBRT) with protons to the lesion, either as monotherapy or after TACE. He was advised to discuss TACE and systemic chemotherapy options as part of the comprehensive medical plan. Proton beam therapy was advised for this patient given that it can deliver a high dose to the target while sparing surrounding liver parenchyma, which may be cirrhotic in the setting of HCC, and has been found to provide excellent local control and survival rates in patients with HCC (7). Additionally, while SBRT is a common indication for fiducial marker placement due

to the ablative doses delivered, fiducial markers are often used in proton therapy since many proton centers are only equipped with orthogonal kV imaging on which fiducial markers are easily visible as a surrogate for the tumor and its motion (8).

Thus, the patient underwent CT-guided fiducial marker placement within the liver tumor in preparation for definitive proton therapy. Interventional radiology performed fiducial marker placement and the team had a range of 3-30 years of experience. The fiducial markers used were Ion Beam Applications S.A. (IBA) VISICOIL fiducial markers which were launched at the American Society for Radiation Oncology (ASTRO) 2012 Annual Meeting conference and have two markers separated by a bioresorbable spacer. Twin VISICOIL fiducial markers measuring $0.50 \text{ mm} \times 0.5 \text{ cm}$ separated by a 15-mm long non-stranded spacer were loaded in a 20-gauge pre-waxed brachytherapy needle. A deployment stylette was in the needle approximating the proximal edge of the two coils. Deployment was accomplished by withdrawing the needle while holding the stylette in place, thereby unsheathing the coils in the liver parenchyma. Review of the CT scan obtained during the deployment indicated that while the location of the distal coil was appropriate, the proximal coil was in the location of an unopacified hepatic vein. The proximal coil ultimately migrated through the hepatic vein and lodged in the junction of the hepatic vein and the IVC as demonstrated in Figure 1. The patient did not experience any sequelae from this migration.

Patient 2

A 65-year-old female was initially diagnosed with rightsided colon cancer and underwent a hemicolectomy with final pathology revealing T3N2 disease. Prior to starting adjuvant chemotherapy, she underwent a positron emission tomography (PET) scan which revealed evidence of an isolated liver metastasis. After completing six cycles of FOLFOX, she was subsequently referred for resection of the liver lesion. However, during her operation, she was found to have a nodule along the peritoneum along the right paracolic region at the hepatic flexure which was found to be carcinoma on frozen section. Thus, the liver resection was aborted. She was subsequently re-started on additional chemotherapy from which she experienced symptoms of significant fatigue, memory changes, and intermittent abdominal pain.

She underwent a restaging CT scan which revealed a

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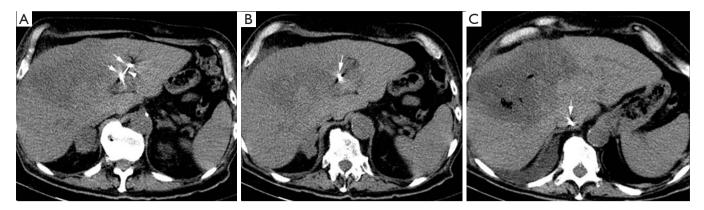


Figure 1 Fiducial migration into the inferior vena cava. (A) Scan shows twin fiducial placement into the left lobe of the liver. (B) Scan following fiducial placement shows one fiducial marker in the liver. (C) Scan shows fiducial migration to the junction of the middle hepatic vein and inferior vena cava as denoted by the arrow.

stable lesion in posterior inferior right hepatic lobe not significantly changed in size measuring $2.9 \text{ cm} \times 2.4 \text{ cm}$ and stable size of omental nodules in the right upper quadrant with no other evidence of disease. She then underwent an omentectomy, partial hepatectomy of segment 6, cholecystectomy, resection of ileocolonic anastomosis, and biopsy of retroperitoneal and peritoneal nodules. Pathology revealed partly mucinous adenocarcinoma in the segment 6 liver lesion, consistent with metastasis from colonic primary with negative lymph nodes.

She continued on systemic therapy but was unable to tolerate further chemotherapy due to worsening memory. A subsequent PET-CT scan demonstrated increasing hypermetabolic uptake in the two known foci at the deep right posterior costophrenic angle and at the right lateral margin of the upper liver concerning for worsening disease as well as an additional focus of hypermetabolic uptake measuring 1.5 cm in maximum linear dimension with a standardized uptake value (SUV) of 5.0 and a questionable new lesion in the right hepatic lobe measuring 1.3 cm with an SUV of 5.4. A contrast-enhanced CT of the abdomen and pelvis demonstrated an irregular density in the right lobe of the liver (segment 7) corresponding to the area of abnormality on the PET-CT. Given that the patient had oligometastatic disease and could not tolerate further chemotherapy due to worsening memory, she was deemed to be an appropriate candidate for local treatment with SBRT.

In preparation for SBRT, twin fiducial markers were placed under CT-guidance into the tumors by our interventional radiologists with a range of 3–30 years of experience. Twin VISICOIL fiducial markers measuring $0.50 \text{ mm} \times 0.5 \text{ cm}$ separated by a 15-mm long nonstranded spacer were loaded in a 21-gauge pre-waxed brachytherapy needle. A deployment stylette was in the needle approximating the proximal edge of the two coils. Deployment was accomplished by withdrawing the needle while holding the stylette in place, thereby unsheathing the coils in the liver parenchyma. Review of the CT scan obtained during the deployment indicated that while the location of the distal coil was appropriate, the proximal coil was in the location of an unopacified hepatic vein. The proximal coil ultimately migrated through the hepatic vein and into the right atrium as demonstrated in *Figure 2*. She did not experience any complications from the migration and two years have elapsed since she completed therapy.

Discussion

Over the past 5 years, our institution has had a fiducial marker migration rate of five percent. We report the cases of unintentional migration of fiducial markers into the junction of the hepatic vein and IVC and into the right atrium which did not result in any toxicity to the patients in the aforementioned cases. While our study is limited by the fact that this is a single-institution report, its strength is that it reports the incidence of a rare complication of fiducial marker placement which has only scarcely been reported in the literature thus far. While fiducial marker migration in the prostate has been widely studied in the literature (9-11), the available data for the liver is more limited. With regard to fiducial marker migration from the liver, Shirato et al. reported one case of fiducial marker migration among 21 liver patients in which the marker migrated into the IVC and became trapped in a small vein at the hip without

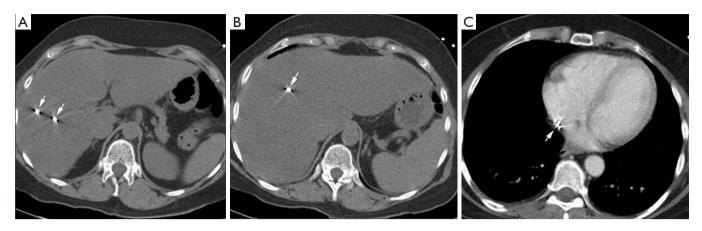


Figure 2 Fiducial migration into the right atrium. (A) Scan shows twin fiducial placement into the right lobe of the liver. (B) Scan following fiducial placement shows one fiducial marker in the liver. (C) Scan of the lower chest shows fiducial at junction of inferior vena cava and right atrium.

any adverse consequences (12). Moreover, Hennessey et al. reported a case of fiducial marker migration from the liver into the hepatic vein to the IVC which became lodged at the junction of the vena cava and the right atrium. He was referred to angiography to remove the coil and had no immediate or delayed complications (13). Finally, Kulkarni et al. reported one case of fiducial marker migration into the inferior interatrial septum without any adverse complications in his study of fiducial marker placement for liver lesions (6). Our case report is in accordance with these prior studies in that it demonstrates that there were no toxicities experienced as a result of fiducial marker migration from the liver. However, while the fiducial marker migrations did not result in toxicities in the aforementioned patients, it is important to recognize that such migrations can cause significant toxicity, especially in cases where individuals have a patent foramen ovale or pulmonary venous tributaries. For example, Farkas et al. reported a case of fiducial marker migration causing acute coronary syndrome after lodging into a posterior descending branch of the right coronary artery (14). Finally, fiducials may retract during deployment, leading to greater separation and deployment in a vascular structure. While the location of the distal marker may be in an optimal position during deployment, the proximal is often more difficult to visualize without CT. Thus, utilizing further imaging prior to deployment, such as contrast-enhanced CT or ultrasound-guidance via Doppler verification, may help to prevent or identify fiducial marker migration in a timely fashion. In particular, contrast-enhanced ultrasound

allows for visualization of the liver microvasculature with exceptional sensitivity for small nodules and thin septations with the added advantages of providing dynamic real-time information and superior temporal resolution compared to CT (15). Moreover, a recent study has shown success with fiducial marker placement in the liver using volume navigation ultrasound techniques (16). The aforementioned advantages provided by contrast-enhanced and volume navigation ultrasound may help to prevent fiducial marker migration.

There have also been alternative strategies for motion management such as breath hold techniques and TACE lipiodol which have shown promise in liver radiotherapy. For example, a study by Mast et al. showed significant margin reduction with inspiration breath hold in liver SBRT without fiducial markers (17), while another study demonstrated the accuracy of expiration breath hold with image guidance in hypofractionated liver therapy (18). Finally, in patients who have undergone TACE lipiodol procedures, there is also evidence that residual lipiodol can be used as a surrogate marker in place of fiducials since it is easily visible on cone beam CT (19). The aforementioned techniques have demonstrated feasibility and efficacy and avoid the potential complications associated with fiducial marker placement. Nevertheless, fiducial marker placement is associated with improved local control in the setting of liver irradiation (20).

The current study augments prior literature by demonstrating that while fiducial marker migration is rare, it is a complication that merits further investigation to

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understand both its prevalence and potential consequences. Our case study highlights the complication of fiducial marker migration during CT-guided marker placement in patients with primary or oligometastatic liver tumors. Consideration of imaging prior to fiducial marker deployment may help to avoid unintentional migration of fiducials.

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Footnote

Reporting Checklist: The authors have completed the CARE reporting checklist. Available at http://dx.doi.org/10.21037/acr-20-153

Conflicts of Interest: All authors have completed the ICMJE uniform disclosure form (available at http://dx.doi. org/10.21037/acr-20-153). The authors have no conflicts of interest to declare.

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